



28 May 2026

Dear SABMAS Member

Notice of the 2026 AGM, taking place on Thursday, 18 June 2026

SABMAS is holding its Annual General Meeting ("AGM") on Thursday, 18 June 2026. All members are invited to attend the Scheme's AGM. Members are reminded to please bring their SABMAS membership cards, if attending in person.

The Council for Medical Schemes ("CMS") advised medical schemes in Circular 3 of 2026, that they encourage schemes to comply with their Scheme Rules by ensuring that AGMs are held during 2026.

The Board of Trustees has made a decision to hold the AGM in a virtual and in-person setting to ensure compliance with the Scheme Rules and allowing all members an opportunity to attend.

The details are as follows:

Date: Thursday, 18 June 2026

Venue: The Venue – Melrose Arch, 17 The High Street, Melrose Arch, Johannesburg, or via ZOOM webinar <https://sabmas.vagm.africa/> (If attending virtually)

Registration: 09:00 – 10:00

Meeting time: 10:00

Attached to this email are the following documents:

1. The 2026 AGM Booklet
2. A proxy form for you to nominate a proxy (attached separately) This can also be done via the online platform - <https://sabmas.vagm.africa/> (Recommended)
3. 'How-to' guides to assist with:
 - Voting on resolutions
 - Requesting your data voucher

Important note: By registering your attendance, you give consent for the Scheme's Administrator and virtual AGM service provider, to process your personal information for the purposes of confirming your membership status with the Scheme and establishing your eligibility to attend and participate in the AGM.

You will need your membership and ID numbers to register your attendance.

The Scheme will provide data assistance to enable your participation at the AGM, if required. A data voucher will be provided on the day of the meeting. The Mobile Data request platform opens on Monday 8 June at 10:00 and will close on Monday 15 June at 10:00
You can access your data voucher via the following link: <https://sabmas.mobile-data.network/login>

About the Notice of Motion

What is a Notice of Motion?

A Notice of Motion is a written proposal formally submitted by the principal member, in good standing, to the Scheme for matters for discussion and possible adoption as a recommendation at a general meeting of the Scheme.

If you intend to submit a Notice of Motion for consideration, you must ensure that your motion meets all the following criteria:

1. A Notice of Motion may not deal with matters that fall outside the scope of the AGM.
2. A Notice of Motion may **not** deal with:
 - 2.1 Matters that affect the operations of the Scheme.
 - 2.2 Matters that affect how the Trustees may exercise their fiduciary or statutory duties.
 - 2.3 Matters that fetter the Trustees' discretion or compel/instruct the Trustees to act (whether by commission or omission) in a predetermined manner.
 - 2.4 Matters that are inconsistent or in contravention of the Medical Schemes Act and the Scheme Rules.
3. A Notice of Motion must be for the benefit of all members and/or be in the best interest of the Scheme and its members.
4. A Notice of Motion must be submitted in writing, must be concise, defined, free from ambiguity, and accompanied by a detailed motivation.

In the event that a Notice of Motion does not meet all the above-mentioned criteria, the Notice of Motion may be deemed invalid.

How to submit a Notice of Motion

A valid Notice of Motion must be submitted in writing to the Principal Officer through the channel listed below.

Please use the channel below to submit your Notice of Motion:

- E-mail to: agm2026@sabmas.co.za

Please do not include any other correspondence or queries with your Notice of Motion submission.

The deadline for submission of Notices of Motion for the 2026 AGM is **10 June 2026 at 10:00 am**. Notices of Motion received after this **deadline will not be considered for discussion**.

Other queries

Personal claim questions or benefit questions will be addressed outside of this process. We will have Client Liaison Officers (CLOs) at the AGM to address personal claim and benefit queries.

Contact us

All questions related to the AGM can be sent to agm2026@sabmas.co.za.

We look forward to your attendance.

Regards



Khanya Sibiya

Principal Officer: SABMAS