



ONCOLOGY SUPPORT GROUPS

TOWN / SUBURB	SERVICE	WHO	ADDRESS	WHEN	CONTACT
Alberton	General	CANSA	Clinton Oncology Centre, 62 Clinton Rd, New Redruth	Monthly, 2nd Friday, 10am	
Alberton	General	Hold My Hand Cancer Support	Netcare Clinton Hospital Oncology, Alberton	Contact for more info	Claire McLoughlin - 082 424 8746 - maryclairebernadette@gmail.com Sheena - 083 412 0906
Benoni					Myrtle Bell - 084 206 7288
Boksburg	General	Sunward Park Cancer Support Group	Trinity Community Church, Cresta Road, Sunward Park	Contact for more info	
Cape Town	Men's cancers	Can-Sir		Contact for more info	021 761 6070 - info@can-sir.org.za - Helpline 076 775 6099
Cape Town - Cape Gate	General	GVI Cape Gate Support Group	Boardroom, Cape Gate Oncology Centre	Monthly? - 10:00-12:00am	Caron Majewski - 021 944 3800
Cape Town - Constantiaberg	Men's cancers	Can-Sir Prostate & Male Cancer Support Action Group	MediClinic Constantiaberg	Contact for more info	079 315 8627 - linda.greeff@cancercare.co.za - 021 944 3700
Cape Town - Peninsula	Breast cancer	Reach for Recovery	CANSA offices, 37A Main Road, Mowbray	Monthly, last Thursday, 10:00am	216 895 347
Cape Town - Pinelands	General	CancerCare Cancer Buddies	Vincent Pallotti Hospital, GVI Oncology unit	Contact for more info	Linda Greeff - 082 551 3310
Cape Town - Somerset West	Advanced / Metastatic	GVI Somerset West		Contact for more info	Nicolene Andrews - 021 851 2255
Cape Town - Tygerberg	Breast cancer	Reach for Recovery	Bellville Methodist Church, Corner Linden & Kriger Rd	Monthly	Cora Swano - 072 433 0127
East London	Breast cancer	Reach for Recovery	NG Kerk, Bonza Bay Road, Beacon Bay	Monthly, 2nd Tuesday, 14:00-16:00	Lorraine Schonknecht - 073 001 3993
Ekurhuleni	Breast cancer	Reach for Recovery		Contact for more info	Josey Nonkonyana - 082 335 3552
Ekurhuleni - Daveyton	General	CanSurvive	Oasis of Life Family Church hall, Daveyton	Monthly, 3rd Wednesday, 10am	Ronnie Nkabinde - 078 692 4839 - brnkabinde@gmail.com
Ekurhuleni - KwaThema (Springs)	General	CanSurvive	Boardroom, Ekurhuleni East TVET College, KwaThema	Monthly, 1st Wednesday, 10am	Ronnie Nkabinde - 078 692 4839 - brnkabinde@gmail.com
Ekurhuleni - Springs	General	CanSurvive	Far East Rand Hospital, New State Areas, Springs	Mondays and Thursdays between 09:00 and 12:00	Ronnie Nkabinde - 078 692 4839 - brnkabinde@gmail.com
Ekurhuleni - Tsakane (Brakpan)	General	CanSurvive	Tsakane Day Care Centre, Letswalo Street, Tsakane	Monthly, 2nd Wednesday, 10am	Ronnie Nkabinde - 078 692 4839 - brnkabinde@gmail.com
eThekweni - Durban	General	Pink Phoenix Cancer Support		Contact for more info	Sharon van Straten - 082 570 7733 - Sharon@pinkphoenix.co.za
eThekweni - Durban - Kloof	General	Kloof Support Group		Monthly, 3rd Thursday, 09:30-11:30am	Anthea Greenfell - 031 783 7854/079 393 2385 - rajbb@axess.co.za
eThekweni - Durban - North	General	Durban North Support Group		Monthly, 2nd Tuesday, 9:30-11:30am	Sheila Moolman - 083 270 0995 - sheilamm@telkomsa.net
eThekweni - Durban - North	Breast cancer	Reach for Recovery	Durban North Methodist Church Hall, 3 Swapo Road (Broadway), Durban North	Monthly, 2nd Tuesday, 9:30-11:30am	Jenny Caldwell - 072 248 0008
eThekweni - Durban - Parklands	General	Parklands Support Group		Monthly, 3rd Wednesday, 10-11am	Linda Cipolla - 031 205 9525 - lcpolla@cansa.org.za
eThekweni - Durban - Phoenix	Free screening	Phoenix North Coast Cancer Support Group		Contact for more info	Roy Sukdhev - 083 631 0814 - Roy.Sukdhev@webafrica.org.za
eThekweni - Durban - Umhlanga	General	Umhlanga Cancer Support Group		Monthly, last Wednesday, 5:30-7:30pm	Sheila Moolman - 083 270 0995 - sheilamm@telkomsa.net
eThekweni - Durban - Westville	General	Westville Support Group		Monthly, 1st Monday, 6:00-7:30pm	Kim - westvillecsg@gmail.com
George	General	CancerCare Cancer Buddies		Contact for more info	Engela van der Merwe - 044 884 00705
Johannesburg	Breast cancer	Reach for Recovery		Contact for more info	Adri van Nieuwenhuizen - adri@pinktrees.co.za - 082 460 6386
Johannesburg	Breast cancer	Wings of Hope		Contact for more info	Val Miles - 072 763 3901
Johannesburg - Parktown	General	CanSurvive	Hazeldene Hall, Junction Road	Monthly, 2nd Saturday, 9am	011 432 8891 - info@wingsofhope.co.za
Johannesburg - Parktown	General	CanSurvive	Charlotte Maxeke Hospital, Room P4 on Radiation Clinic level.	2nd and 4th Wednesday of each month	Sadia Hassim - 062 636 634 - saadzgp@gmail.com
Johannesburg - Soweto	Breast cancer	Bosom Buddies Breast Cancer Support	Hazeldene Hall, Junction Road	Contact for more info	Duke Midzize - 0828522432
Kimberley	Breast cancer	UCKG Cancer Support Group		Contact for more info	011 482 9492 or 0860 283 343
Krugerdsorp	General	CanSurvive	Netcare Pinehaven Hospital	Contact for more info	Donna Onwubiko - djobiko01@yahoo.com - 011 224 3400
Mbombela - Nelspruit	General	CancerCare Cancer Buddies		Contact for more info	Tania Naudé - 083 250 6397
National	Children with cancer	CHOC: Childhood Cancer Foundation SA		Contact for more info	Pogiso Tihooke - 011 724 2407
National	Depression & Anxiety Group	SADAG - South African Depression and Anxiety Group		Contact for more info	Winnie Stiglingh - 013 755 2145 - counsel@hnoncology.co.za
Paarl	Breast cancer	Reach for Recovery		Contact for more info	Alte Bence - 083 601 5771 - headoffice@choc.org.za
Pietermaritzburg - Northdale	General	Northdale Cancer Support Group	ARV Clinic, Northdale Hospital, Pietermaritzburg	Monthly, 3rd Friday, 8:30am	0800 21 22 23 / 0800 20 50 26 / 0800 70 80 90. Emergency lines are open 24 hours 0800 12 13 14 or SMS 31393
Port Elizabeth	Breast cancer	Reach for Recovery		Last Wednesday every 2nd month	Annalies Volgraaf - 082 817 1124
Pretoia	General	CANSA		Contact for more info	Phindi Cebisa - 033 897 3139 - cebisa.phindi@kznhealth.gov.za
Pretoia	Breast cancer	Reach for Recovery	CANSA offices, 32 Lyt Street, Rietondale	Contact for more info	Joanne Hurlow - 079 347 9591
Pretoia - Groenkloof	General	Cancer Heroes	Life Hospital, suite 110	Monthly, last Wednesday	Miemie du Plessis - 012 361 4132 or 082 468 1521 - Sr Ros Lorentz - 012 329 3036 or 082 578 0378
Pretoia - Montana Park	Breast cancer	La Vita Breast Cancer Support		Alternate months	Annemarie Joubert - 082 212 9933
Pretoia - Reiger Park					012 346 0879 or reception@drjkluze.co.za
Somerset West & Stellenbosch	Breast cancer	Reach for Recovery	MediClinic Strand, Altana Rd, Strand	10:00 Monthly?	Kathryn Malherbe - 012 543 0034/071 673 2188 http://www.lavitahealth.co.za
Springs	General	Gelukstad Cancer Support Group		Contact for more info	Ulita - 073 214 6692
Uitenhage	Breast cancer	Reach for Recovery	Willowdam Garden Centre, Uitenhage	Monthly	823 570 497
	Testicular cancer	More Balls Than Most - MBTM		Contact for more info	Sherine Kock - 079 800 9003
	General	Pink Chicks		Contact for more info	Estelle Botha - 081 062 1123
				Contact for more info	011 998 8022 - febe@pinkdrive.co.za
				Contact for more info	Laurika Fourie - 074 192 7792 - info@pinkchicks.co.za